Not your grandparent's center

Wabash Activity Center under new management

No matter what you do, don't use the word "senior" when talking about the Wabash Valley Activity Center. Formerly, the Wabash Senior Citizen Center, the facility changed its name at the request of participants. Other changes include a revamped image and new offerings. Gone are the days of "senior citizen" activities. Under the guidance of new Executive Director Tami Chrisman, the center offers unique activities like belly dancing and casino trips, in addition to traditional offerings like chess, scrapbooking and knitting. Chrisman says the center is a non-profit self-supporting community facility for any local adults who want to socialize, stay active physically and mentally, enjoy entertainment and keep up with currents issues concerning health and safety.

New director, new look. The Wabash Activity Center is located at 300 S. 5th St. in downtown Terre Haute.

What does the Wabash Activity Center offer?

We offer something for everyone! T'ai Chi, Zumba Gold, belly dance, partner dance and line dance classes, Mahjong players meet several times a week, the chess group meets every Wednesday evening at 6:45 and welcomes all chess players, *Healthy Cooking for One or Two* is a monthly class, Scrapbooking & Cropping classes are scheduled to begin in March, knit and crochet classes, art and computer classes will be offered soon.

Charter bus trips to casinos are scheduled at least every two month. Next trip is Tuesday Feb. 3 to Indiana Grand in Shelbyville and is open to everyone; reservations are required at least five days in advance.

Day trips to area points of interest are being planned for spring and summer. We had a private tour of the Exotic Feline Rescue Center in Center Point Indiana last fall. Trips to Red Skeleton Museum and the Ernie Pyle Museum are in the works.

We have two ballrooms with stages. The

You recently took over the facility; what are your goals for the center?

Expand community awareness of the Wabash Activity Center and being able to add more diversified classes, activities, programs of interest and concern plus a variety of entertainment and social activities in a non-discriminating atmosphere. We are located near downtown Terre Haute in a beautiful historic building with convenient parking and fully ADA accessible yet few seem to know we are here let alone what we offer.

ter dropped "senior" from its name less than a year ago. Many baby boomers don't like the word, don't want identified as a senior and hesitate to familiarize themselves with anything associated with senior. For someone to say they are in their 50s or 60s doesn't have the same connotation as in past generations. Additionally the economy has changed forcing many boomers into early retirement and/or negatively impacting their finances; having a facility that is providing social opportunities, mental and physical stimulating activities,

Come to the Wabash Activity Center. Office staff is available from 9 a.m. – 5:30 p.m. Monday - Thursday and 9 – 4:30 Fridays for information and a tour of the Center. Call to find out when an activity is scheduled then try it out to see how great it is! Whether you want to join in activity, lead an activity or volunteer please check out the Wabash Activity Center.

Wabash Activity Center

300 South 5th Street